

#KNOWYOURSTUFF

7

 OFF THE PITCH

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A Players guide to on and off the pitch behaviour

RED CARDS

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If you are sent-off for any of the following offences you will be suspended automatically and with immediate effect until your club's first team have completed the required amount of matches.

CODE	OFFENCE DESCRIPTION	NO. OF MATCHES
S1	Serious Foul Play	3
S2	Violent Conduct	3
S3	Spitting at an opponent or any other person	3
S4	Denying a Goal Scoring opportunity by handball	1
S5	Denying a goal scoring opportunity by physical means	1
S6	Using offensive insulting or abusive language / gestures	2
S7	Second Cautionable offence	1

You will receive an additional 1 match ban for every further sending-off you receive during the season.

You are able to appeal against a red card on the basis of mistaken identity or wrongful dismissal, contact your Club Secretary for details.

YELLOW CARDS

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You can be shown a yellow card for the following types of offences:

- **UNSPORTING BEHAVIOUR**
- **DISSENT BY WORD OR ACTION**
- **PERSISTENT INFRINGEMENT OF THE LAWS OF THE GAME**
- **DELAYING RE-START OF PLAY**
- **FAILURE TO RESPECT THE REQUIRED DISTANCE WHEN PLAY IS RE-STARTED**
- **ENTERING OR RE-ENTERING THE FIELD OF PLAY WITHOUT THE REFEREE'S PERMISSION**
- **DELIBERATELY LEAVING THE FIELD OF PLAY WITHOUT THE REFEREE'S PERMISSION**

Get 5 cautions between the opening game of the season and 31st December = 1 match ban

Get 10 cautions between the opening game of the season and the second Sunday of April = 2 match ban

Get 15 cautions between the opening game of the season and the last day of the season = 3 match ban

All suspensions as a result of 5, 10, or 15 etc. yellow cards start 14 days after the date of your last offence.

A GUIDE TO THE BETTING, INTEGRITY & MATCH FIXING RULES #KNOWYOURSTUFF

The FAW has revised its Rules on Betting, Integrity & Match Fixing and they will apply to all Match Officials and everyone connected to a Club or League in Wales.

BETTING

You are not allowed to place any bets, or accept any bets, on any game within Wales.

If your club participates in a competition outside Wales, such as the UEFA Champions League for example, you are not allowed to place any bets, or accept any bets, on your own team. Neither must you bet, or accept any bet, on any other match in that competition even if your club is eliminated.

MATCH FIXING

You must not offer, or attempt to offer, any bribe or reward to anybody in order to influence the result, progress, conduct or any other aspect of any match. You must also not accept any such bribe or reward.

Whilst participating in a match, you must not fail to perform your duties or responsibilities to the best of your ability for any kind of reward.

INTEGRITY

It will be an offence for you to fail to report to the FAW any approach from a person, organisation or third party if asked to influence the course and/or result of a match or competition in an unlawful or undue manner.

It will also be an offence for you to fail to report any information or behaviour involving any person, organisation or third party should you be aware of any activities aimed at influencing the course of a match or competition in an unlawful or undue manner.

You must never use or provide others with any information that is obtained through connections with people involved in the game, which damages, or could damage, the integrity of a match or competition.

CONSEQUENCES

A breach of the FAW Betting, Integrity & Match Fixing Rules may result in a worldwide lifetime ban from football.

SOCIAL MEDIA ADVICE

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When used correctly, social media can be instrumental in raising the profile of your club and the game in general, however, please consider the following advice:

- **BE RESPECTFUL AND POSITIVE, TREATING OTHERS AS THEY WOULD WISH TO BE TREATED**
- **REMEMBER THAT THE INTERNET IS PERMANENT AND INFORMATION TRAVELS FAST AND EASILY ONLINE**
- **BE IN THE RIGHT STATE OF MIND WHEN WRITING A POST AND NOT WHEN YOU'RE ANGRY OR UPSET**
- **BE RESPONSIBLE FOR WHAT IS WRITTEN AND UPHOLD THE POSITIVE IMAGE OF THE GAME**

The following types of comments in particular when made toward a match official, may lead the FAW to take disciplinary action:

- **IMPLICATION OF BIAS**
- **QUESTIONING INTEGRITY**
- **PERSONAL OR OFFENSIVE COMMENTS**
- **BRINGING THE GAME INTO DISREPUTE**

NON DISCRIMINATION REGULATIONS

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The FAW follow FIFA and UEFA regulations to resolve any acts of discriminatory behaviour in order to eliminate it from the game.

Discriminatory behaviour can include a player or official who offends any person or group with words or actions. Examples of discriminatory behaviour can include:

- **RACE**
- **COLOUR**
- **LANGUAGE**
- **RELIGION**
- **ORIGIN**

The sanction, if found proven of discriminatory behaviour, will be a suspension for **AT LEAST 10 MATCHES**.

If a player breaches these regulations they will also be fined **AT LEAST £500**. If an official breaches these rules a fine of **AT LEAST £750** will be imposed.

In cases where several players from a club or supporters breach the regulations sanctions can include; ground suspensions, point deductions, ground closures, demotion/disqualification and expulsion from a competition.

APPEALS

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If a player believes they have been wrongly cautioned or sent off due to mistaken identity, or have been wrongly dismissed for a straight red card (not 2 cautions), your club can appeal this decision on your behalf by:

- **SUBMITTING IN WRITING VIA EMAIL OR FAX THEIR INTENTION TO APPEAL THE DECISION. THIS MUST BE SENT BEFORE 2:00 PM ON THE NEXT BUSINESS DAY AFTER THE MATCH.**
- **ALL WRITTEN AND VIDEO (IF AVAILABLE) EVIDENCE MUST BE SUBMITTED BY 2:00 PM OF THE SECOND BUSINESS DAY OF THE MATCH, ALONG WITH THE RELEVANT FEE.**

Three decisions can be made by the disciplinary panel:

- **REJECTION: THE PANEL CAN REJECT THE CLAIM AND THE PLAYER SERVES THE SET SUSPENSION**
- **REJECTION AND FRIVOLOUS: IF THE PANEL BELIEVE THE CLAIM IS AN ABUSE OF THE PROCESS THEY MAY REJECT THE CLAIM AND INCREASE THE SUSPENSION.**
- **SUCCESSFUL APPEAL: THE SUSPENSION WILL BE REMOVED FROM THE REPORTED PLAYER AND TRANSFERRED TO THE APPROPRIATE OFFENDER.**

The dismissal will remain on the player's record and still would have to pay £10 admin fee regardless of the outcome.



Players are reminded of their responsibilities to uphold the FAW Fair Play Code. Remember that your club could be entitled to a cash prize of £1,000.

More information on the FAW Fair Play can be found at:

WWW.FAW.ORG.UK/CLUB-DISCIPLINE

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